



# PANTHER PROWL 5K RUN and 1 MILE WALK

Saturday, October 12, 2019

8:30 AM 5K – Walk immediately following 5K start  
Approx. 9:20 AM Kid’s Fun Run (One lap on the PHS track)

7: 30 AM Race Day Registration and Check In  
Pitman High School, 225 Linden Ave., Pitman, NJ 08071

Timing provided by TNT Event Management

For course information visit [pitmaneducationfoundation.org](http://pitmaneducationfoundation.org)

Follow us on  
Facebook for race  
updates: Pitman  
Education  
Foundation

## All proceeds benefit the Pitman Education Foundation

Pre-register online by Thursday, October 10, 2019 at: [www.tnteventmanagement.com](http://www.tnteventmanagement.com)

Or mail registration to PEF, PO Box 413, Pitman, NJ 08071 by 10/8/2019

**Note: T-shirts guaranteed only if registered by 10/1/19**

Race Day (check/cash only) registration starting at 7:30 am

**Awards: Overall Male/Female Runner & Top 3 male/female racers in each age group (10 and under; 11-14; 15-19; and 10 year age groups)**

Questions or interested in being a sponsor, please contact Kristen Russell at [Kristen.Russell@yahoo.com](mailto:Kristen.Russell@yahoo.com)

Or call/text 856-981-5719

### Pre-Registration by 10/10/19

**T-shirts guaranteed only if registered by 10/1/19**

1 Mile Walk.....\$15.00  
Student 5K (18 or younger).....\$15.00  
Adult 5K.....\$25.00

### Day of Race (T-shirt not guaranteed)

Walk.....\$15.00  
Student 5K (18 or younger).....\$15.00  
Adult 5K.....\$30.00

**No registration needed for Kid’s Fun Run--it’s FREE!**

**Pre-registration packet pick-up at Caffeinated Cyclist, 103 West Jersey Ave, Pitman on 10/11 from 5-7 PM**

### 2019 Panther Prowl Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Please Circle: Male Female

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please check one: 1 Mile Walker \_\_\_\_\_ 5K Runner \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Pitman School District Affiliation (Circle one): Walls Kindle Memorial Middle School High School N/A

Shirt Size—Please circle: **Youth sizes:** Youth M Youth L **Adult Sizes:** S M L XL No Shirt

### **\*\*\*Make checks payable to: Pitman Education Foundation**

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignUp.com, and all of their agents assisting with the event, sponsors, and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I certify as a material condition to my being permitted to enter this Race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Signature \_\_\_\_\_ (Parent/guardian signature required for participants under the age of 18)